



FARM TO SCHOOL VIDEO CONTEST

**WIN A SUMMER FARM FIELD TRIP AND BE
FEATURED IN OUR FARM TO SCHOOL VIDEO!**

Calling all Bismarck Public School fourth grade classes!

Create a 3-minute video essay answering:
“What does Farm to School mean to me?”

Show your passion for Farm to School!

Highlight your favorite Farm to School meals, or talk to
your classmates, teachers, and school nutrition staff.

Submit your video by May 2nd to
www.ndda.nd.gov/F2SVideoContest

CONTEST RULES

Theme

Make sure your video answers all of the contest questions clearly:

- What does Farm to School mean to me and how does it impact my school?
- What are local foods and why should we support local farmers?
- Why are you excited to win a summer farm field trip?

Submission

- Submit video as a URL link to www.ndda.nd.gov/F2SVideoContest
- Deadline for submission will be May 2, 2025.

Length, Format & Quality

- Video submissions should be no longer than three minutes.
- The video should be clear and easy to watch with good sound.

Music, Sound & Visuals

- Use photos or video clips that are clear and match the theme of the video.
- Make sure any music or sound in your video is free to use (such as royalty free music) and proper credit is given.
- Ensure voices in the video are clear and loud enough to hear and that any music doesn't overpower the talking.

Guidelines

- Use appropriate language, be respectful and keep a positive tone, and avoid using copyrighted images or music.
- Be creative, have fun, and show your passion for Farm to School!

Parental Consent

All students in the video must receive permission from a parent or guardian by completing the provided talent releases from Level Mpls.

Contact Local Foods Marketing Specialist, Jenna Nieters,
at 701-328-2659 with any questions.

