

# SWEET CARROT MOCKTAIL

*Shake things up with an easy and sweet mocktail concoction of honey, carrot, and lemon with a frothy egg-white topping.*



## INGREDIENTS

2 ounces fresh pressed carrot juice  
1 ounce honey water (1 part honey and  
1 part water)

1 ounce lemon juice  
4 tablespoons liquid egg whites  
(pasteurized)

## DIRECTIONS

1. Fill two whiskey glasses with ice cubes.
2. Pour the fresh pressed carrot juice, honey water mixture and lemon juice into the shaker.
3. Next, add the egg whites to the shaker and vigorously dry shake (without ice).
4. Open the shaker, add ice to cool, and shake vigorously again.
5. Pour the mixture in the two glasses over ice with a nice foamy egg white head on top.

**Makes two glasses.**



BROUGHT TO YOU BY



Agriculture Commissioner  
Doug Goehring